

PRAYERS ARE REQUESTED FOR ...

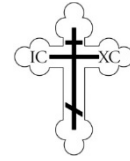
The health and salvation of—

Metropolitan Onufriy + Ukrainian Orthodox Church	Vivian Randall
Metropolitan Neofitos of Eldoret	Thomas
Metropolitan Isaiah	James
Archbishop Benjamin	Matthew
Archpriest Matthew	Keith
Hieroschemamonk Ambrose	Rose
Priest Gabriel	Abi
Abbess Silouana	Gregory
Subdeacon James	John
Reader Timothy • Reader Aleksei	Robert
Matushka Natalia • Shamassy Ina	Alex
Phoebe • Anne • Longinus • Nina	Michael
Irina • Amal • Nicula • Maximus	Patricia
Irina • Nadejda • Photini	Philip
Herman • Mary • Susanna	Mari
Marie & family • Joanna	Atticus
Newly-Illumined Jonathan, Philip	Reagan
	Grace
	William
	Matthew
Catechumens Rebecca, Kourtney, Elijah, Lucy, Corey, Bryan, Damon, Samuel, Jack, Mckenna, Breana, Evan, Jake	

The repose and salvation of—

Please let Father know if there are any names you would like added to the list.

*A mission parish under the omophorion of His Grace Vasily,
Bishop of San Francisco and the Diocese of the West,
Orthodox Church in America*



**ST. TIKHON ORTHODOX
CHRISTIAN CHURCH**



Sunday, May 3, 2026

**4th Sunday of Pascha: Paralytic
Ven Theodosius, Abbot of Kiev Caves Lavra**



Relics of St. Theodosius in the Kiev Caves Lavra. Photo: news.church.ua

Sundays at 9:05 AM – Hours & Divine Liturgy

This Wednesday, May 6, 6:00 PM: Akathist to St. Tikhon

This Saturday, May 9, 5:30 PM: Vespers + Confession

Archpriest Alexander Vallens, Rector

priest@sttikhonparker.org • (720) 295-7715

Protodeacon John Manutes

19035 East Plaza Drive, Parker, Colorado 80134

www.sttikhonparker.org

ARABIC	<i>Al'Masiah qam !</i>	<i>Haqqan qam!</i>
CHINESE	<i>Ji-du fu-huo-le!</i>	<i>Zhen-de Ta fu-huo-le!</i>
COPTIC	<i>Ekhrestos af tonf!</i>	<i>Khen ou meth mee af tonf!</i>
FRENCH	<i>Christ est Ressuscité!</i>	<i>En Vérité, Il est Ressuscité!</i>
GEORGIAN	<i>Kriste agsdga!</i>	<i>Cheshmaritad agsdga!</i>
GERMAN	<i>Christus ist auferstanden!</i>	<i>In Wahrheit ist Er auferstanden!</i>
GREEK	<i>Christos Anesti!</i>	<i>Alithos Anesti!</i>
KOREAN	<i>Kristo bu-hwal ha-sho-nay!</i>	<i>Cha-mu-ro bu-hwal ha-sho-nay!</i>
LATIN	<i>Christus resurrexit!</i>	<i>Vere resurrexit!</i>
LATVIAN	<i>Kristus ir augsham tsalies!</i>	<i>Patiesi augsham tsalies!</i>
LITHUANIAN	<i>Kristus prisikēlė!</i>	<i>Tikrai prisikēlė!</i>
ROMANIAN	<i>Hristos a Inviat!</i>	<i>Adeverat a Inviat!</i>
SLAVONIC	<i>Christos Voskrese!</i>	<i>Voistinu Voskrese!</i>
SPANISH	<i>Cristo ha resucitado!</i>	<i>Verdaderamente ha resucitado!</i>
TAMIL	<i>Kirsthu ujirthu elunthar!</i>	<i>Unmaiyyagave ujirthu elunthar!</i>

*Also this week: Virgin Martyr Pelagia of Tarsus (May 4); Greatmartyr Irene of Thessalonica (May 5); MID-PENTECOST; Righteous Job the Long-Suffering (May 6); **Rest of St. Alexis Toth, Confessor and Defender of Orthodoxy in America (May 7); Holy Apostle and Evangelist John the Theologian (May 8); Prophet Isaiah (May 9).***

** "regular" fasting this week; fish, wine & oil allowed on Wed & Fri **

God gave people the word "love" so that they could call their relationship to Him by this name. When people misuse this word to refer to their relationship with earthly things, it loses its meaning.

St. Nikolai of Žiča

The Venerable Theodosius of the Kiev Caves

From his early youth, Theodosius shunned laughter and levity, dedicating himself to godly thoughts and prayers. Because of this, he was often abused by his mother, especially one day when his mother noticed around his naked body an iron belt, which had stained his shirt with blood. Having once read the words of the Savior in the Gospel, He that loves father or mother more than Me is not worthy of Me (Matthew 10:37), Theodosius left the home of his parents and fled to the Monastery of the Kiev Caves to see the Venerable Anthony. Anthony received him and shortly afterward tonsured him a monk. When his mother found him and asked him to return home, he counseled her, and she entered a convent and was tonsured a nun. Theodosius quickly surpassed all the monks by his asceticism, meekness and goodness, and became very dear to Anthony, who installed him as abbot of the monastery. During the time that he was abbot, the brotherhood of the monastery greatly increased, churches and cells were built, and the Rule of the Studite Monastery was introduced in its entirety. God endowed Theodosius with abundant grace because of his virginal purity, great labor in prayer, and love for his fellow man. Thus, this man of God possessed great power over unclean spirits, healed diseases, and prophesied the destinies of men. Along with St. Anthony, Theodosius is considered the founder and organizer of monasticism in Russia. He reposed peacefully in the year 1074 A.D. His healing relics rest beside the relics of Anthony.

Epistle: Acts 9:32-42

Gospel: John 5:1-15

Troparion – Tone 3 (Resurrection)

Let the heavens rejoice! /
 Let the earth be glad! /
 For the Lord has *shown* strength with his arm! /
 He has trampled down death by death! /
 He has become the first-born of the dead! /
 He has delivered us from the *depths* of hades, /
 And has granted to the world ///
Great mercy!

Kontakion - Tone 3 (Paralytic)

By Thy divine intercession, O Lord, /
 As Thou didst raise up the Paralytic of old, /
 So raise up my soul, paralyzed by *sins* and thoughtless acts; /
 So that being saved I may sing to Thee: ///
 Glory to Thy majesty, O bountiful Christ!

Kontakion – Tone 8 (Pascha)

Thou didst descend *into* the tomb, O Immortal, /
 Thou didst destroy the *power* of death! / In victory didst Thou arise, O Christ God, /
 Proclaiming: "Rejoice!" to the *myrrhbearing* women, ///
 Granting peace to Thine *Apostles*, and bestowing Resurrection on the fallen.